

# PASTORAL CARE AND COUNSELLING

Pastoral care and Counselling is indeed a challenge which requires the collective wisdom of us all and the continual guidance of Gods' Holy Spirit.

Conversations at the heart of practice and care. The primary purpose of the pastoral conversation is to help a person to reconnect or connect one deeply with God. It's when someone else's heartache becomes your heartache. To be supportive emotionally, spiritually and socially for the hurting individual. Thus, compassion challenges the careworker to move from "doing" to "being".

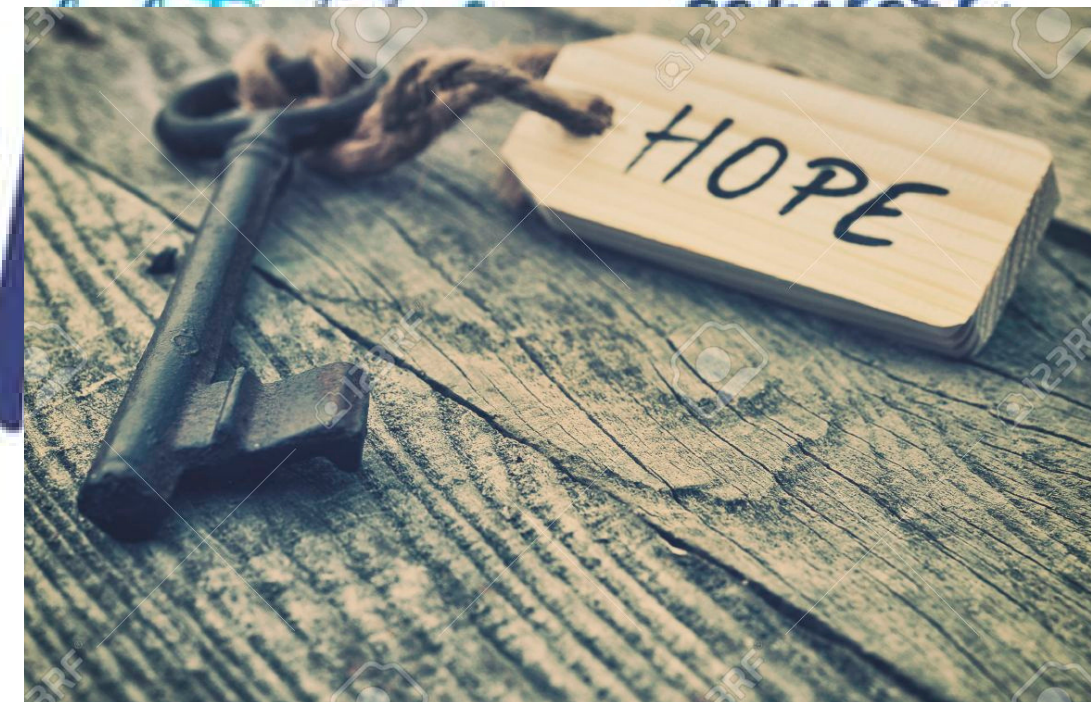
This pastoral person-centred course is ideally placed for Ministers, Lay and Professional Caregivers.

**ACRP/CPSC**

**Reg no. 2018P00006**

**5 CPD points**

**R480 for On-line Course**



*decision-making  
family  
spiritual*



**CPSC**  
Council for Pastoral and  
Spiritual Counsellors

**ACRP**

Association of Christian  
Religious Practitioners

## Counselling Introduction

How do we define Counselling?

How to develop basic counselling skills.

Qualities needed to be an effective Counsellor.

A Model of a Pastoral Counselling Session.

Principles of Effective Listening.

Exercising the Wheel of Emotions.

Pastoral Care and Counselling with Support.

Termination of a Pastoral Counselling Session including referrals.